

MARCH 2023

www.rainfordhealthcentre.co.uk

DRS VELTKAMP & MORGAN



Staff

Liz Richardson has joined the practice she is our practice pharmacist; Clinical pharmacists are increasingly working as part of general practice teams. They are highly qualified experts in medicines and can help people in a range of ways. This includes carrying out structured medication reviews for patients with ongoing health problems and improving patient safety.

Rebecca Sansbury has also joined the practice she is our new Practice Nurse. Rebecca has recently qualified as an adult nurse and will be undertaking some more specific practice Nurse training over the next 12 months, she can currently see and deal with many of our patients for health reviews. Lindsay Johnson has reduced her hours slightly but the overall capacity of our nursing team with the addition of Rebecca has increased from 32 hours per week to 48 hours per week.

Social Media

Visit our website at www.rainfordhealthcentre.co.uk for lots of information and guidance about the Practice and the services offered. We also have a Facebook page where we try and share useful information.

On-line Services

Our e-Consultation software provider has now changed. Please bear with us during this time. You can register here; <https://patches.ai/practice/rainfordhealthcentre>

Extended Access Service

If you call the Surgery and we have no daytime appointments left, you may be offered an appointment at the Extended Access Service. This is a great service provided by our Out of Hours provider at Albion Street, which is very accessible for patients from Rainford, and car parking is available. This Service has been provided to aid Practices with the unprecedented demand for appointments. Please inform us if you cannot attend one of these appointments as the appointment can then be made available for someone else who needs it.

Cost of living crisis support

Money Saving Expert

General advice, news, info, support, and groups:

www.moneysavingexpert.com

Citizens Advice St Helens

Benefits support /assessment, UC, PIP etc. as well as general support and advice:

Telephone:

- Money/Debt Advice: **01744 751 380**
- Employment and Welfare Benefits Advice: **01744 737866**
- Universal Credit Help to claim: **0800 1448 444**
- Urgent: **0344 826 9694**

Websites:

- www.sthelenscab.org.uk
- www.citizensadvice.org.uk/debt-and-money
- www.citizensadvice.org.uk/debt-and-money/get-help-with-the-cost-of-living/

St Helens Foodbank

Contact them to start the process of acquiring a foodbank voucher:

Telephone: **01744 26414**

Website: sthelens.foodbank.org.uk

Email: info@sthelens.foodbank.org.uk

Address: Atherton Street, St Helens, Merseyside, WA10 2DT

St Helens Council

www.sthelens.gov.uk/benefits

Smart Money People

What support is government support is offered during this crisis, where kids can eat free and other support:

smartmoneypeople.com/cost-of-living-support

Greater Merseyside Money Advice Partnership

GMMAP is committed to improving the provision of free, confidential, impartial high quality debt advice in Greater Merseyside. Working with partners such as National Debt Line, PayPlan and Stepchange:

Telephone: **0151 477 6005**

Website: www.gmmap.org.uk

Ashton Foodbank

Contact them to start the process of acquiring a foodbank voucher:

Telephone: **01942 727275**

Website: www.stthomasstluke.org.uk/foodpantry

Address: St. Thomas' Church, Warrington Rd., Ashton-in-Makerfield, WN4 9PL