

December 2017

www.rainfordhealthcentre.co.uk

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The Health Centre
Higher Lane
Rainford

Tel: 01744 882855 or
01744 457361

DRS LOWCOCK & VELTKAMP



Influenza Vaccination

We are at the end of our supply of vaccinations. If you do not wish to have a vaccination this year please contact the Surgery so that we can amend our records accordingly

Blood Test Results

Please do not be alarmed if you receive a text or e-mail regarding your blood tests, sooner than you are expecting. These sometimes do come back sooner than expected which is due to the efficiency of the laboratory.

Staff

Janet, one of our receptionists, is retiring from the Surgery at the end of December after over 14 years with us. We would like to wish her a happy retirement.

Emma Partridge has joined us as an apprentice Receptionist for the next 12 months.

Travel Vaccinations

There have been some shortages of certain travel vaccinations. Please give us plenty of warning if you are planning to travel to somewhere where you will require vaccinations so that we can advise accordingly.

Texts and E-mails

There has been some up-dates to our computer systems which means that you will also now receive an email and/or text reminding you of your appointment and blood results.

Shingles

You are eligible for the shingles vaccination if you are aged 70 or 78 years old. In addition, anyone who was eligible for this vaccine in the previous three years of the campaign but missed out on their shingles vaccination remains eligible until their 80th birthday. This includes people in their 70s who were born after 1 September 1942 people aged 79 years.

Social Media

Visit our website at www.rainfordhealthcentre.co.uk for lots of information and guidance about the Practice and the services offered. We also have a Facebook page where we try and share useful information.

On-line Services

We offer a variety of on-line services. If you have not already registered you can create an account (there is no need to come to the Practice to do this). You will be able to book appointments and order repeat medication. You will be required to produce ID to the Practice for your account to be fully verified. Visit <https://support.patient-access.co.uk/registration/how-do-i-register> for information on how to register. PLEASE NOTE YOU DO NOT NEED A REGISTRATION LETTER TO SET UP AN ACCOUNT AT OUR PRACTICE

Please note that Rainford Health Centre does not provide the following:

- For safety reasons, we do not accept prescription requests over the telephone
- We cannot change dressings in Surgery. This service is provided by the Treatment Room Nurses. Please ring 0800 953 0960
- We do not have the facilities to syringe ears. This is also provided by the Treatment Room as above.
- We no longer arrange hospital transport for patients. Patients can arrange their own transport by telephoning 0800 032 3240 and choose option 4

NHS provided chiropody services are only available for patients who meet the following criteria:

Those under 18 or over 65
Pregnant women
Those with a chronic medical condition including diabetes, peripheral vascular disease
Those registered disabled

CONTACT DETAILS

We can now take email addresses and you can choose to use this as your preferred method of communication – please speak to a Receptionist for details.

Christmas and New Year 2017 / 2018

We are closed 25th and 26th December and 1st January 2018. Our opening times are as normal otherwise. Please help us by ordering your medication in time for us to process your request. Please be sensible in celebrations and try to avoid trips to A+E. Please use your local pharmacies where appropriate. Please take responsibility for your health.

Rainford Health Centre would like to wish you a Peaceful Christmas and a Happy New Year

Please see this useful link on how to Stay Well this Winter

<https://www.nhs.uk/staywell#rfOkZr3kJTl3rUto.97>

